



The Neurocommunity Foundation

Sherman Oaks Parkinson's Disease Support Group

East Valley Adult Center (Library)
5060 Van Nuys Blvd – Sherman Oaks, CA 91423

Group Leader: John Mason at 310-991-0787

DATE: September 18, 2014

TIME: 3:00pm to 4:30pm

SPEAKER: Lori Michiel, NASM-CPT

TOPIC: What's Good About Exercise if I Have PD?

**Parkinson's and Movement Disorders
Information Center**

Please call or email for information and referrals
818-885-8623 • neurocommunity@gmail.com

Please visit www.neurocommunity.org for PD updates, support group programs, education events and local resources.